

Meals on Wheels Application Checklist

The Meals on Wheels internship program, in collaboration with the Sociology department at UCSC, will be affording student interns an opportunity to assist Meals on Wheels with required program activities while providing students meaningful contact with the elderly community in Santa Cruz County. Student interns will be engaging in activities that provide opportunities to directly observe the challenges and issues of aging in our society.

Eligibility:

- Must be in good academic standing
- Must be a Junior or Senior standing student
- Have an interest in working with the elderly community, health care, food, or social work
- Own or have regular access to a car
- Have valid CA driver's license and car insurance
- Must be comfortable driving to different locations in Santa Cruz County, such as Ben Lomond, Live Oak, etc.

Responsibilities:

- Time commitment: about 6 hours per week.
- Make 4 home visits per week. Or work in the dining center, at Loudon Nelson Center, for two lunches per week.
- Check in with the Meals on Wheels manager regularly.
- Complete the academic portion of the 2-unit internship: meet with the faculty advisor regularly and complete assignments.

Apply:

To apply to the Meals on Wheels Internship Positions please complete the checklist below and submit along with your resume (cover letter optional) to the Undergraduate Sociology Advisor: tnikfarj@ucsc.edu or College 8 Rm 224.

Name: _____

Email: _____

Phone: _____

Do you have a background, and/or future career interest in working with the elderly community, in health care, or social work? Have you taken any relevant course work? If so please briefly explain:

Schedule: *Please Check the Boxes to Indicate "Yes"*

- Will you be able to commit to about 6 hours of internship work a week?
- Will you be able to enroll and complete a 2-unit independent study as part of the internship?
- Are there days of the week that you will not be able to work? Please list and explain:

Car: *Please Check the Boxes to Indicate "Yes"*

- Do you own or have access to a car?
- Do you have a valid CA driver's license?
- Do you have car insurance for your vehicle?
- Will you be comfortable driving to different locations in Santa Cruz, Watsonville, Ben Lomond, Live Oak, etc. to deliver meals?